


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
	Drop In & Play 9:00 – 11:45 am	Postpartum Support Group 9:30 – 11:30 am Drop In & Play 1:00 - 3:30 pm Drop In & Play Gross Motor Play 4:30 – 6:30 pm	Parent Child Mother Goose Infant 9:30 - 10:30 am Infant Drop In & Play 9:30 - 11:30 am Triple P Group 1:30 - 3:30 pm	Drop In & Play 9:00 - 11:45 am Making Connections 10:15 - 10:45 am	Drop In & Play 9:00 - 11:45 am	
10	11	12	13	14	15	16
	Drop In & Play 9:00 – 11:45 am	Postpartum Support Group 9:30 – 11:30 am Drop In & Play 1:00 - 3:30 pm Drop In & Play Red Night 4:30 – 6:30 pm	Parent Child Mother Goose Infants 9:30 – 10:30 am Infant Drop In & Play 10:30 – 11:30 am Toddler Talk 1:30 - 3:30 pm	Drop In & Play 9:00 - 11:45 am Making Connections 10:15 - 10:45 am	Drop In & Play 9:00 – 11:45 am	
17	18	19	20	21	22	23
	Family Day!	Postpartum Support Group 9:30 – 11:30 am Drop In & Play 1:00 - 3:30 pm Drop In & Play Noodle Do Play 4:30 - 6:30 pm	Parent Child Mother Goose Infants 9:30 – 10:30 am Infant Drop In & Play 10:30 - 11:30 am Mandarin Triple P Discussion Group Developing Bedtime Routines 1:30 - 3:30 pm	Drop In & Play 9:00 - 11:45 am Making Connections 10:15 - 10:45 am	Drop In & Play 9:00 - 11:45 am	Drop In & Play Skating Bowness Park 10:00 am - 12:00 pm 
24	25	26	27	28		
	Drop In & Play 9:00 – 11:45 am	Postpartum Support Group 9:30 - 11:30 am Drop In & Play 1:00 - 3:30 pm Drop In & Play Pancake Night 4:30 - 6:30 pm	Parent Child Mother Goose-Infants 9:30 - 10:30 am Infant Drop In & Play 10:30 - 11:30 am Mandarin Triple P Discussion Group Hassle Free Shopping 1:30 - 3:30 pm	Drop In & Play 9:00 - 11:45 am	* Programs in BLUE require registration. Please visit www.familiesmatter.ca to register	