Families Matter Parent Link Centre
Rosemont Family Centre
2807 10th Street NW
403.827.8872

February 2019

Rosemont

OUR CENTRE OFFERS…

- Drop in and play
- Twins and Triplets Drop-In
- Support and Information for all Parents
- Community Resources
- Papa Bears
- Mandarin Mother Goose
- In-home Support
- Parenting Workshops
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks

Upcoming Special Events!

Let's celebrate Family Day with a Skate Night! Join us on Monday February 11th, 2019 from 5:30 - 7:00 pm. We will have a hot chocolate and cookies, please dress for the weather! RSVP to Margie or Janice, we look forward to seeing everyone on the rink!

Join us on February 14th, Valentine's Day for a Pancake Breakfast during Drop in & Play!

Upcoming Programs

Parent Child Mother Goose Infant **February 6 – March 27** **1:30 – 2:30 pm**

Parents with infants are welcome to join us for a literacy rich and playful hour of sharing songs stories and friendship with your child and other parents.

Terrific Toddlers **April 18 – May 16** **1:30-3:00 pm**

During Terrific Toddlers we will playfully explore the normal developmental changes and challenges of toddlers. Including topics such as positive discipline, communication, self-esteem and communication. Bring your questions! Terrific Toddlers runs for 5 weeks. Child Care is available for registered children.

Parenting programs are a wonderful way to connect with other parents, learn in a supportive environment. Please check our website at www.familiesmatter.ca for a list of upcoming classes at all of our locations

Cold and Flu Season

It's that time of year, if you or your children are sick, please stay home and get better! If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre. Please help us prevent the spreading of illness and know we are only looking out for your family's health as well as the health of everyone else who uses our space. Thank you for your understanding and cooperation.

Ages and Stages Questionnaires

We are offering this helpful tool for you to learn more about how your child is developing and how to support your child's optimal development. Our staff is available on site to assist you in filling the questionnaire and chat if you have any questions

Learn Play Love