



# February 2019

52<sup>nd</sup> Street Hub - Unit 158, 1440-52<sup>nd</sup> St. NE, Phone: (403)-205-5178

S	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 Drop In & Play 9:00 - 11:30 am  Successful Young Parents 1:00 - 3:00 pm	2
3	4 Drop In & Play 9:00 - 11:30 am  Infant Drop In & Play 10:00 - 11:30 am	5 Families of Twins & Triplets Drop In & Play 9:30 - 11:30 am  Families Learning Together 1:00 - 3:00 pm	6 Postpartum Support Group 9:30 - 11:30 am  Terrific Toddler 9:30 - 11:30 am  Anxiety and Breathwork 1:30 - 3:00 pm	7 Families Learning Together 1:00 - 3:00 pm  Drop In & Play 4:00 - 7:00 pm	8 Drop In & Play 9:00 - 11:30 am  Successful Young Parents 1:00 - 3:00 pm	9 Drop In & Play Family Breakfast 9:30 - 11:30 am
10	11 Drop In & Play 9:00 - 11:30 am  Infant Drop In & Play 10:00 - 11:30 am	12 Families of Twins & Triplets Drop In & Play 9:30 - 11:30 am  Families Learning Together 1:00 - 3:00 pm	13 Postpartum Support Group 9:30 - 11:30 am  Anxiety and Breathwork 1:30 - 3:00 pm	14 Families Learning Together 1:00 - 3:00 pm  Valentine's Day! Wear Pink or Red Drop In & Play 4:00 - 7:00 pm	15 Drop In & Play Baking 9:00 - 11:30 am  Successful Young Parents 1:00 - 3:00 pm	16
17	18 Family Day! Centre Closed	19 Families of Twins & Triplets Drop In & Play 9:30 - 11:30 am  Families Learning Together 1:00 - 3:00 pm	20 Postpartum Support Group 9:30 - 11:30 am  Circle of Security 9:30 - 11:30 am  Anxiety and Breathwork 1:30 - 3:00 pm	21 Infant Massage 9:30-11:30 am  Families Learning Together 1:00 - 3:00 pm  Drop In & Play 4:00 - 7:00 pm	22 Drop In & Play Librarian 9:00 - 11:30 am  Successful Young Parents 1:00 - 3:00 pm	23
24	25 Drop In & Play 9:00 - 11:30 am  Infant Drop In & Play 10:00 - 11:30 am	26 Families of Twins & Triplets Drop In & Play 9:30 - 11:30 am  Families Learning Together 1:00 - 3:00 pm	27 Postpartum Support Group 9:30 - 11:30 am  Circle of Security 9:30 - 11:30 am  Anxiety and Breathwork 1:30 - 3:00 pm	28 Infant Massage 9:30 - 11:30 am  Families Learning Together 1:00 - 3:00 pm  Drop In & Play 4:00 - 7:00 pm	* Programs in BLUE require registration. Please visit <a href="http://www.familiesmatter.ca">www.familiesmatter.ca</a> to register	