



January 2019

Suite 300, 7930 Bowness Road NW 403-288-1446



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Centre Closed	Centre Closed	Centre Closed	Centre Closed	
6	7	8	9	10	11	12
	Drop In & Play 9:00 – 11:45 am	Postpartum Support Group 9:30 – 11:30 am Drop In & Play 1:00 - 3:30 pm Drop In & Play Ice Cube Painting 4:30 – 6:30 pm	Infant Drop In & Play 9:30 - 11:30 am	Drop In & Play 9:00 - 11:45 am	Drop In & Play 9:00 - 11:45 am	
13	14	15	16	17	18	19
	Drop In & Play 9:00 - 11:45 am	Postpartum Support Group 9:30 – 11:30 am Drop In & Play ASQ Birthdays 1:00 - 3:30 pm Drop In & Play Snowman Night 4:30 – 6:30 pm	Parent Child Mother Goose Infants 9:30 – 10:30 am Infant Drop In & Play 10:30 – 11:30 am Triple P Group 1:30 - 3:30	Drop In & Play ASQ Birthdays 9:00 - 11:45 am	Drop In & Play 9:00 – 11:45 am	
20	21	22	23	24	25	26
	Drop In & Play 9:00 – 11:45 am	Postpartum Support Group 9:30 – 11:30 am Drop In & Play 1:00 - 3:30 pm Drop In & Play Curiosity Bags 4:30 - 6:30 pm	Parent Child Mother Goose Infants 9:30 – 10:30 am Infant Drop In & Play 10:30 - 11:30 am Triple P Group 1:30 - 3:30 pm	Drop In & Play 9:00 - 11:45 am	Drop In & Play 9:00 - 11:45	Drop In & Play Family Literacy Day: Bringing a Story to Life “The Mitten” 10:00 am - 12:00 pm
27	28	29	30	31	* Programs in BLUE require registration. Please visit www.familiesmatter.ca to register	
	Drop In & Play 9:00 - 11:45 am	Postpartum Support Group 9:30 - 11:30 am Drop In & Play 1:00 - 3:30 pm Drop In & Play Snowflake Night 4:30 - 6:30 pm	Parent Child Mother Goose Infants 9:30 - 10:30 am Infant Drop In & Play 10:30 - 11:30 am Triple P Group 1:30 - 3:30 pm	Drop In & Play 9:00 - 11:45 am		