

Families Matter Parent Link Centre

Rosemont Family Centre

2807 10th Street NW

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November 2018



OUR CENTRE OFFERS...

- Drop in and play
- Twins and Triplets Drop-In
- Support and Information for all Parents
- Community Resources
- Papa Bears
- Mandarin Mother Goose
- In-home Support
- Parenting Workshops
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- Celebrations



Rosemont

Welcome!

Please check our calendar for details about programming and special events. Please ensure you are dressing for the weather as we will be heading outside to enjoy the fall leaves and outdoor activities.

New! Infant Drop In & Play - Thursday 10:45 - 11:45 am

Do you have a child under 12 months? Join us for Infant Drop In & Play. With childcare is available for older siblings, you will be able to enjoy this one-on-one time with your baby, discuss parenting, learn some songs connect with other parents and community resources.

Registered Programs

Noodle-Do Play

Tuesday October 16

9:00 – 10:30 am

This is the program for parents with preschoolers aged 3-5 where you can play some games that build trust, boost imagination and teach some tools to support brain development. It is all based on the latest neuroscience so it's not only a lot of fun, it will help build your child's brain. Parents and children will have fun trying out new activities and materials, parents will leave with some great ideas of new activities to try at home.

Ages and Stages Questionnaires

We are offering this helpful tool for you to learn more about how your child is developing and how to support your child's optimal development. Our staff is available on site to assist you in filling the questionnaire and chat if you have any questions.

Cold and Flu Season

It's that time of year, if you or your children are sick, please stay home and get better! If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre. Please help us prevent the spreading of illness and know we are only looking out for your family's health as well as the health of everyone else who uses our space. Thank you for your understanding and cooperation.

Parenting Workshops

Parenting programs are a wonderful way to connect with other parents, learn in a supportive environment. Please check our website at www.familiesmatter.ca for a list of upcoming classes at all of our locations.

Learn Play Love