

Families Matter Parent Link Centre

Rosemont Family Centre

2807 10th Street NW

403.827.8872



September 2018



OUR CENTRE OFFERS...

- Drop in and play
- Twins and Triplets Drop-In
- Support and Information for all Parents
- Community Resources
- Papa Bears
- Mandarin Mother Goose
- In-home Support
- Parenting Workshops
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- Celebrations



Rosemont

Welcome Back!

We hope you had a wonderful relaxing summer! We hope that you are ready to join us for lots of fun filled days and programs at our Centre. Please note that Families Matter will be closed from September 3rd – 7th, 2018. During this time agency staff will be participating in professional development training. The team at Families Matter is also excited to be walking in the annual United Way parade. Margie and Janice are looking forward to seeing everyone when we re-open on Tuesday September 11th, 2018.

Fall Programs

Parenting programs are a wonderful way to connect with other parents, learn in a supportive environment. **Please note these classes do require registration.**

Terrific Toddlers **September 26 – October 24 1:30-3:00 pm**

During Terrific Toddlers we will playfully explore the normal developmental changes and challenges of toddlers. Including topics such as positive discipline, communication, self-esteem and communication. Bring your questions! Terrific Toddlers runs for 5 weeks. Child Care is available for registered children.

Parent Child Mother Goose Infant **October 4 – November 22 9:30 – 10:30 am**

Parents with infants are welcome to join us for a literacy rich and playful hour of sharing songs stories and friendship with your child and other parents.

Noodle – Do Play **October 16, 2018 9:00 - 10:30 am**

This is the program for parents with preschoolers ages 3-5 where you can play some games that build trust, boost imagination and will teach some tools to support brain development. It is all based on the latest neuroscience so it's not only a lot of fun, it will help build your child's brain. Parents and children will have fun trying out new activities and materials, parents will leave with some great ideas of new activities to try at home. Please register on-line at www.familiesmatter.ca

Got a parenting question?

Ask your parenting and child development questions of any of our staff. Our staff welcome questions and are always willing to have a chat about child development, parenting challenges or hear about what is going well in your family.

Learn Play Love