



# August 2018

52<sup>nd</sup> Street Hub - Unit 158, 1440-52<sup>nd</sup> St. NE, Phone: (403) 205-5178

S	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1	2	3	4
	* Programs in <b>BLUE</b> require registration. Please visit <a href="http://www.familiesmatter.ca">www.familiesmatter.ca</a> to register		Postpartum Support Group 9:30 - 11:30 am  Toddler Talk 9:30-11:00  Anxiety and Breathwork 1:30 - 3:00 pm	Drop In & Play 1:00 - 3:00 pm  Drop In & Play 4:00 - 7:00 pm	Park & Play Jack James 9:30 - 11:30 am  Successful Young Parents 1:00 – 3:00 pm	
5	6	7	8	9	10	11
	Centre Closed Civic Holiday	Families of Twins & Triplets Drop In & Play 9:30 - 11:30 am  Drop In & Play Baking 1:00 - 3:00 pm	Postpartum Support Group 9:30 - 11:30 am  Toddler Talk 9:30 - 11:30 am  Anxiety and Breathwork 1:30 - 3:00 pm	Drop In & Play 1:00 - 3:00  Drop In & Play 4:00 - 7:00 pm	Park & Play Jack James 9:30 - 11:30 am  Successful Young Parents 1:00 – 3:00 pm	
12	13	14	15	16	17	18
	Drop In & Play 9:00 - 11:30 am  Infant Mother Goose 10:00 am-11:30 am	Families of twins & Triplets Drop In & Play 9:30 - 11:30 am  Noodle - Do Play 1:00 - 3:00 pm	Postpartum Support Group 9:30 - 11:30 am  Toddler Talk 9:30-11:30 am  Anxiety and Breathwork 1:30 - 3:00 pm	Drop In & Play 1:00 - 3:00 pm  Drop In & Play 4:00-7:00 pm	Park & Play Jack James 9:30 - 11:30 am	
19	20	21	22	23	24	25
	Drop In & Play 9:00 - 11:30 am  Infant Mother Goose 10:00 - 11:30 am	Families of Twins & Triplets Drop In & Play 9:30 - 11:30 am  Nature Camp 10:00 – 2:00 pm	Postpartum Support Group 9:30 - 11:30 am  Nature Camp 10:00 – 2:00 pm  Anxiety and Breathwork 1:30 - 3:00 pm	Nature Camp 10:00 – 2:00 pm  Craft Night 4:00 - 7:00 pm	Park & Play Jack James 9:30 - 11:30 am	
26	27	28	29	30	31	
	Drop In & Play 9:00 - 11:30 am  Infant Mother Goose 10:00 - 11:30 am	Families of Twins & Triplets Drop in & Play 9:30 - 11:30 am  Drop In & Play 1:00 - 3:00 pm Mad Science	Postpartum Support Group 9:30 - 11:30 am	Centre Closed	Centre Closed	