

52nd Street Hub

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www.familiesmatter.ca



April 2018



OUR CENTRE OFFERS...

- Drop-In Play (0 – 5 years)
- Baby/Infant Drop-In (0 – 12 months)
- Support and Information for all Parents
- Community Resources
- Individualized Support
- Parenting Workshops
- Postpartum Support
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- A Multilingual Community
- Celebrations

Quote of the Month

“Tell me and I forget.
Teach me and I remember.
Involve me and I learn”

-Benjamin Franklin

52nd St. Hub

Closure

We will be closed on Thursday April 5th and the morning of April 6th.

Adults Craft Night

We have a Craft Night on **April 12th from 4-7 pm**. This is for adults only, a time to relax, use your hands, and get creative! We will have knitting and scrapbooking materials available if you don't have your own project to bring. If you need childcare you **MUST** sign up ahead of time online! Go to familiesmatter.ca, click on “Upcoming Classes”, “Register Now” and then on “Special Interest Information Sessions”.

Busy Bodies is Back!

We will be running another series of Busy Bodies beginning April 17th this registered, 5 week program is for toddlers aged 18-30 months old. Caregivers will support their busy toddlers in gross motor activities, learning self-regulation techniques, and even some kids' yoga! Childcare is provided. Space is limited so register today!

Stretch and Play

Join us on Saturday April 28th for of Stretch and Play! Children (ages 4-5) and their caregiver will be treated to some stretching, deep breathing and an hour of free play. Limited to six caregiver/child pairs. Register online or at the front desk. Childcare will be provided, limited space available.

Parent Café

The registered 5 week program will begin on April 12th from 1:30-3:00 these sessions will offer parents information on various topics and the opportunity to have group discussions. Childcare is provided. Space is limited, register online today!

Potluck

Please join us on April 10th from 11:30-2:00 pm for a special drop-in potluck! Bring your favourite dish to share with our community, we always love the delicious meals our families bring in!

Ages and Stages Questionnaires

We are offering this helpful tool for you to learn more about how your child is developing and how to support your child's optimal development. Our staff is available to assist you in filling the questionnaire and will support you with activities and ideas to support your child's development

Learn Play Love

Look for other programs on our website at www.familiesmatter.ca