



February 2018

Suite 300, 7930 Bowness Road NW
Phone: (403) 288-144652nd



S	Monday	Tuesday	Wednesday	Thursday	Friday	Sa.
				1 Postpartum Support Group 9:30 - 11:30 am Families Learning Together 1:00 - 3:00 pm Papa Bear 6:00 - 7:00 pm	2 Drop In Play 9:00 - 11:45 am	3 "Be a Great Dad" Parenting Program 10:00 am - 3:00 pm
4	5 Drop In Play 9:00 - 11:45 am	6 Drop In Play 9:00 - 11:45 am Families Learning Together 1:00 - 3:00 pm Parent Child Mother Goose (0 - 3 years) 6:30 - 7:30 pm	7 Parent Child Mother Goose Infant 12:30 - 1:30 pm Awaken Church Triple P Group 1:30 - 3:30 pm	8 Postpartum Support Group 9:30 - 11:30 am Families Learning Together 1:00 - 3:00 pm Papa Bear 6:00 - 7:00 pm	9 Drop In Play 9:00 - 11:45 am	10 "Be a Great Dad" Parenting Program 10:00 am - 3:00 pm
11	12 Drop In Play 9:00 - 11:45 am	13 Drop In Play 9:00 - 11:45 am Families Learning Together 1:00 - 3:00 pm Parent Child Mother Goose 6:30 - 7:30 pm	14 Parent Child Mother Goose Infant 12:30 - 1:30 pm Awaken Church Triple P Group 1:30 - 3:30 pm	15 Postpartum Support Group 9:30 - 11:30 am Families Learning Together 1:00 - 3:00 pm Papa Bear 6:00 - 7:00 pm	16 Drop In & Play 9:00 - 11:45 am	17
18	19 Family Day Centre Closed	20 Drop In Play 9:00 - 11:45 am Families Learning Together 1:00 - 3:00 pm Parent Child Mother Goose 6:30 - 7:30 pm	21 Parent Child Mother Goose Infant 12:30 - 1:30 pm Awaken Church Drop In Play "Jump, skip, hop and tumble" 1:30-3:30 pm	22 Postpartum Support Group 9:30 - 11:30 am Families Learning Together 1:00 - 3:00 pm Papa Bear 6:00 - 7:00 pm	23 Drop In & Play 9:00 - 11:45 am	24
25	26 Drop In Play 9:00 - 11:45 am	27 Drop In Play 9:00 - 11:45 am Families Learning Together 1:00 - 3:00 pm Parent Child Mother Goose 6:30 - 7:30 pm Chat and play 3:30 - 5:00 pm	28 Parent Child Mother Goose Infant 12:30 - 1:30 pm Awaken Church Drop In Play "Listen, play, sing and dance" 1:30 - 3:30 pm	29	30	*Programming in BLUE is registered. Please visit www.familiesmatter.ca to register.