

Families Matter Parent Link Centre

Rosemont Family Centre

2807 10th Street NW

403.827.8872



February



OUR CENTRE OFFERS...

- Drop in and play
- Twins and Triplets Drop-In
- Support and Information for all Parents
- Community Resources
- Papa Bears
- Mandarin Mother Goose
- In-home Support
- Parenting Workshops
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- Celebrations

ROSEMONT

Rosemont Family Centre will be **closed** for Family Day on Monday, February 19th, 2018. Enjoy the day with your family.

Please join us on Thursday, February 15th, 2018 for outdoor family fun, join us for skating or sledding. We will provide the hot chocolate and cookies!

Got a parenting question?

Ask your parenting and child development questions of any of our staff.

Parenting programs are a wonderful way to connect with other parents, learn in a supportive environment. Please note these classes do require registration.

Triple P Parenting – Group Jan 24-Feb 14 & March 14 6:00-8:00 pm

Triple P is designed to help parents understanding parenting skills through observation, discussion, practice and feedback. Parents will participate in 4 weeks of group and 3 weeks of individual support phone calls, followed by one final group session.

Grains of Sand April 5 – May 3 6:30 – 8:00 p.m.

Grains of Sand- join us for this arts based exploration of our roles as parents. No art experience necessary. Activities include, drum circle and others.

To register go online to www.familiesmatter.ca and also watch our At a Glance for additional programs at our other Learning and Play Centres

Ages and Stages Questionnaires

ASQ's are supportive tools for caregivers to learn more about how to support their child(ren) reaching their full potential. Stop by our center any time to fill out this easy questionnaire and discuss with staff how you can support the child(ren) in your care!

Cold and Flu Season

It's that time of year! If you or your children are sick, please stay home and do not attend programs at the Centre. If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre! Thank you for your understanding and cooperation!



Learn Play Love