

52nd Street Hub

Unit 158, 1440-52nd street NE
Calgary, Alberta
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www.familiesmatter.ca



FEBRUARY



OUR CENTRE OFFERS...

- Drop-In Play (0 – 5 yrs)
- Baby/Infant Drop-In (0 – 12 months)
- Support and Information for all Parents
- Community Resources
- Individualized Support
- Parenting Workshops
- Postpartum Support
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- A Multilingual Community
- Celebrations

Quote of the Month

Call it a clan, call it a network,
call it a tribe, call it a family:

Whatever you call it, whoever
you are, you need one.
-Jane Howard

52nd St. Hub

Closure

We will be **closed** Monday February 19th to observe Family Day. We honour and value every shape, size, and make up of family! Take some time to spend this day with your loved ones, that's what we'll be doing!

Speech Pathologist Visit

On Tuesday February 6th a speech pathologist from Alberta Health Services will be visiting our afternoon drop in. She will provide a 30 minute presentation in our boardroom to caregivers and then will be available afterwards in drop in to ask questions and make referrals!

Cold and Flu Season

It's that time of year! If you or your children are sick, please stay home and do not attend programs at the Centre. If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre! Thank you for your understanding and cooperation!

Valentine's Day Party

We will be having a Valentine's Day Party on the 13th! Wear **RED** or **PINK** on this special day! We will also have a pancake snack. Did you know February 13th is *Shrove Tuesday*?

A friendly reminder

Please remember that during Drop In & Play programs caregivers must be supervising their children at all times, and that children must always have an adult watching them in the back gross motor room! If you need support taking one child to the washroom please reach out to a staff, we are happy to supervise a child for a short time! Thank you!

Chat and Play

On **February 15th** our evening program will be our second installment of Chat and Play! Come between 4-7 pm where parents have the opportunity to come together and talk about current ideas and topics that impact them and their child's development. Parents then will play with their children in structured and unstructured activities before coming together and playing games in a circle.

Craft Night

Mark your calendars, we will be hosting our second Craft Night on **March 1st**! We had a great time in January and are excited to run this program again! This is for adults only, a time to relax, use your hands, and get creative! We will have knitting and scrapbooking materials available if you don't have your own project to bring. If you need childcare you **MUST** sign up ahead of time online! Go to familiesmatter.ca, click on "Upcoming Classes", "Register Now" and then on "Special Interest Information Sessions". Craft Night will run from **4-7 pm**.

Learn Play Love

Look for other programs on our website at www.familiesmatter.ca