

Families Matter Parent Link Centre

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www.familiesmatter.ca



OUR CENTRE OFFERS...

- Drop-In Play (0 – 5 yrs)
- Baby/Infant Drop-In (0 – 12 months)
- Support and Information for all Parents
- Community Resources
- Individualized Support
- Parenting Workshops
- Postpartum Support
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- A Multilingual Community
- Celebrations

Quote of the Month

"To be in your children's memories tomorrow,
You have to be in their lives today"
-Unknown

January 2018

Reopening on January 5th, 2018!

Happy New Year! Join us for our special Drop In and help us make our "New Year Resolution Tree" during our first Drop In Playgroup for 2018. What is your family New Year Resolution? We will help you get creative about it and have some fun. Hot chocolate will be ready!

New time for Drop In Play!

Please note that our Drop In Play days are changing, our new Drop In times will be Monday, Tuesday and Friday mornings from 9:00-11:45 am. Enjoy unlimited play with your family and explore our variety materials and toys. We will also provide complementary refreshments. Looking forward to hear your holiday stories!

Join us on Tuesday January 11th, from 1:30-3:00 pm for a special **one-time Playdough making session** led by Janice. We will provide ingredients and tips and you can have some fun learning this simple activity.

Closure

We will be **closed** from Monday, January 1st to Thursday, January 4th, 2018. We look forward to seeing you at our first Drop In of 2018 on January 5th, 2018.

Cold and Flu Season

It's that time of year! If you or your children are sick, please stay home and do not attend programs at the Centre. If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre! Thank you for your understanding and cooperation!

Family Literacy Day

We will celebrate this big day on Saturday, January 27 9:30-11:30 am. We will make a story alive with actually cooking a "Stone Soup". Please register for this Saturday event and our staff will let you know how to participate. Let's create a great memory together.

Ages and Stages Questionnaires

On January 10th and January 17th from 1:00-3:00 pm we will have some fun activities that connect to the Ages and Stages Questionnaires at our Drop In Play. This will give you a chance to see your child's development in action. We will have some baked goods to share while you fill out Ages and Stages Questionnaires for your child's age. Our staff will be available for chats after that if there are any questions.

Families Learning Together

We are starting a New Year with another cycle of this FREE school readiness program for families with children eligible for Kindergarten in September 2018. The registration is on-going. You can register on-line at www.familiesmatter.ca. The first class starts on Tuesday, January 16th from 1:00-3:00 pm.

Papa Bear is coming to our PLC!

This program for dads with their children and will start on January 25th, from 6:00-7:00 pm. It is a circle of songs, rhymes and finger-plays led by our Facilitator Mike. It is free and you can easily register on line at www.familiesmatter.ca.

Triple P (Positive Parenting Program) Group

On January 24 we will start this parenting program and it will run for 4 weeks of facilitated groups, followed by 3 weeks of phone call sessions to support you in achieving your parenting goals. It is free and easy to register at www.familiesmatter.ca.

Look for other programs on our website at www.familiesmatter.ca