

52nd Street Hub

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Calgary, Alberta
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www.familiesmatter.ca



JANUARY



OUR CENTRE OFFERS...

- Drop-In Play (0 – 5 yrs)
- Baby/Infant Drop-In (0 – 12 months)
- Support and Information for all Parents
- Community Resources
- Individualized Support
- Parenting Workshops
- Postpartum Support
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- A Multilingual Community
- Celebrations

Quote of the Month

Cheers to another year and another chance for us to get it right!

-Oprah Winfery

52nd St. Hub

Closure

We will be **closed** between **January 1st and 4th**, reopening on **Friday January 5th**!

Cold and Flu Season

It's that time of year! If you or your children are sick, please stay home and do not attend programs at the Centre. If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre! Thank you for your understanding and cooperation!

Stretch and Play

Join us on **January 11th** from 9:30-11:30 am for Stretch and Play! Children (ages 4-5) and their caregiver will be treated to some stretching, deep breathing and an hour of free play. Limited to six caregiver/child pairs. Register online or at the front desk. Childcare will be provided, limited space available.

Craft Night

Join us for our first craft night on January 25th! Do you have a special project you're working on? Bring it to the Centre and enjoy the company of other crafters! Don't have a project? That's ok too! We will provide materials for knitting as well as scrapbooking. We will be providing limited childcare, so you will need to register online. Craft night will run from 4:00-7:00 pm on the 25th.

Chat and Play – January 25 4-7 pm

Chat and Play is a new offering where parents have the opportunity to come together and talk about current ideas and topics that impact them and their child's development, then go and play with their children in both structured and unstructured activities before coming together and playing games in a circle. January's Chat and Play topic will be on Parents and Play: The difference you can make while letting your child be the boss.

Potluck

Please join us on January 15th for a special drop-in potluck! Bring your favourite dish to share with our community, we always love the delicious meals our families bring in!

Learn Play Love

Look for other programs on our website at www.familiesmatter.ca