

Families Matter Parent Link Centre

Rosemont Family Centre

2807 10th Street NW

403 205 5178



DECEMBER



OUR CENTRE OFFERS...

- Drop in and play
- Twins and Triplets Drop-In
- Support and Information for all Parents
- Community Resources
- Papa Bears
- Mandarin Mother Goose
- In-home Support
- Parenting Workshops
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- Celebrations



ROSEMONT

Closure

We will be **closed** on the week of December 25- 29th and will reopen on Thursday, Jan. 4.

Cold and Flu Season

It's that time of year! If you or your children are sick, please stay home and do not attend programs at the Centre. If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre! Thank you for your understanding and cooperation!

Ages and Stages Questionnaires

ASQ's are supportive tools for caregivers to learn more about how to support their child(ren) reaching their full potential. Stop by our center any time to fill out this easy questionnaire and discuss with staff how you can support the child(ren) in your care!

Got a parenting question?

Ask your parenting and child development questions of any of our staff.

Join other parents in our education offerings. These programs require registration.

Coming up in 2018 are:

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| • Parent Child Mother Goose | Feb. 1- March 22 | 6:30 - 7:30 p.m. |
| • Grains of Sand | April 5 – May 3 | 6:30 - 8:00 p.m. |
| • Mandarin Mother Goose | Jan. 5 – Feb. 23 | 9:30 – 10:30 a.m. |
| • Triple P Parenting | | |
| • Level 4 Group | Jan. 24/31 Feb. 7/14 March 14 | 6:00 – 8:00 p.m. |

Grains of Sand – join us for this arts based exploration of our roles as parents. No art experience necessary. Activities include mandalas, drum circle and others.

Our last Drop In & Play for our Twins and Triplets group will be on December 13th. We will have a Special Pot Luck to celebrate the upcoming holidays.

On December 14th- 9:00-11:45 a.m. we will be outside enjoying activities and snacks. Bring your skates or sleds (weather permitting)

Our Rosemont Centre staff would like to wish all of our families a Happy Holiday and we look forward to the New Year!

To register go online to www.familiesmatter.ca and also watch our At a Glance for additional programs at our other Learning and Play Centres

Learn Play Love