

Families Matter Parent Link Centre

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November 2017

OUR CENTRE OFFERS...

- Drop-In Play (0 – 5 yrs)
- Baby/Infant Drop-In (0 – 12 months)
- Support and Information for all Parents
- Community Resources
- Individualized Support
- Parenting Workshops
- Postpartum Support
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- A Multilingual Community
- Celebrations

Quote of the Month

There really are places in the heart you don't even know exist until you love a child."

-Anne Lamont

Open House!

Feel free to join us on Friday, November 3rd as we celebrate our new center with an open house. All families and children welcome to tour our center, play and meet the staff. We hope to see you there!

Infant Drop - In Play New Hours!

Our Infant Drop-In Play is growing steadily and now we have our Wednesday afternoons for parents and caregivers of infants to get together, play, connect and talk to our qualified staff. Childcare for the older siblings is offered.

Positive Parenting Program (Triple P)

This month we will have our last seminar topic offered on Wednesday, November 08 with our great facilitator, Laurie Florence.

If you prefer, meeting one-on-one we are offering Triple P Primary Care where you can have 4 sessions working individually with a program facilitator. For more details visit our center and connect with any staff member.

Closure

We will be **closed** on Friday, November 10th to observe Remembrance Day. What an amazing country we live in, let's all remember the freedom we have in Canada on this special day.

Cold and Flu Season

It's that time of year! If you or your children are sick, please stay home and do not attend programs at the Centre. If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre! Thank you for your understanding and cooperation!

National Child Day

It is National Child Day on November 20th! This year's theme is "The Right to be Safe." We are celebrating this special day on November 16th during our afternoon Drop-In Play from 1 - 3:30pm. Come and join us for some safe and fun activities. Wear blue and pick a book from our book give away!

Ages and Stages Questionnaires

ASQ's are supportive tools for caregivers to learn more about how to support their child(ren) reaching their full potential. Stop by our center any time to fill out this easy questionnaire and discuss with staff how you can support the child(ren) in your care!

Your Feedback is welcome!

It is the time in a year when we ask for your feedback in our Parent Link Centre Annual Survey. This year we will be offering the survey during the week of November 20th. If you are in our center at this time feel free to grab a survey and give us your honest opinion about our programs. It helps us as we strive to provide the best programs for you.

Look for other programs on our website at www.familiesmatter.ca