



October 2017

OUR CENTRE OFFERS...

- Drop in and play
- Support and Information for all Parents
- Community Resources
- In-home Support
- Parenting Workshops
- Ages and Stages Questionnaire for Child Development
- Healthy Snacks
- Celebrations



All Parent Link Centre programming and services are offered free of charge to meet the needs of all parents and children.

Welcome to all our families that have visited us over the last week.

We will be providing lots of play times, please check out our monthly calendars on the website.

Weather - As the weather changes, please bring inside shoes. We will be enjoying outside play in the beautiful Confederation Park, please be dressed for the weather.

Snack - We do provide snacks however; we appreciate donations to our centre. Eg: fruit, cheese, crackers

Triple P Parenting – is a toolbox of solutions for parents. You choose the strategies you need. You choose the way you want to do it. It's all about making Triple P work for you and your family. Triple P really does work! Join us on Wednesday afternoons from 1:00-3:00 to learn more.

Closure - We will be closed on Monday October 9th for Thanksgiving. Please take this day to spend time with your loved ones and reflect on what you are thankful for.

Cold and Flu Season - It's that time of year! If you or your children are sick, please stay home and do not attend programs at the Centre. If you or your child have a fever, runny nose, are vomiting, or have had diarrhea in the last 24 hours, you are not well enough to come to the Centre! If a staff approaches you with concern about your child being too sick to attend programs, please know we are looking out for your family's health as well as the health of everyone else who uses our space. Thank you for your understanding and cooperation!

Special Events:

- **October 25 @ 9:30** – special snack, please dress up in Halloween costumes.
- **October 26 @ 10am to 11:45** – special snacks and please dress for the occasion.

We want to wish all our families a HAPPY THANKSGIVING.